

Draft Program & call for abstracts



SIP
Societal Impact of Pain
2011

May 6th & 7th
Brussels

The scientific framework of the symposium is designed under the responsibility of the European Federation of Chapters of the International Association for the Study of Pain (EFiC). Grünenthal is responsible for logistic support, preparation and organisation of SIP 2011.



Societal Impact of Pain

Pain is a major healthcare problem in Europe. Although acute pain may reasonably be considered a symptom of disease or injury, chronic and recurrent pain is a specific healthcare problem, a disease in its own right¹. Being a disease in its own right, pain is not *just* an indicator of an underlying disease or damaging process, but one which extracts a great toll on individuals and society².

According to a 2006-2007 survey commissioned by the European Commission's Health and Consumer Protection Directorate General in the EU-25³ an average of 25% citizens experienced pain affecting muscles, joints, neck or back affecting the ability to carry out the activities of daily living lasting for 3 months or more (range 13% EL - 35% AT).⁴ The prevalence of patients suffering from severe pain in Europe is approximately 5% (range: 1,5% IT - 6,7% UK).⁵ Painful states of the musculoskeletal system constitute more than 2/3 of painful states in primary care. Viewed from a primary care perspective, pain has a great impact on GPs' day-to-day activities and on health economy in general⁶.



The burden of suffering that pain imposes on individuals, and the enormous costs that society has to bear as a result calls for policymakers and decision-makers alike to adopt a much wider, strategic perspective in their deliberations regarding service provision and resource allocation.

¹ EFIC's declaration on pain as a major health problem, a disease in its own right; <http://efic.org/pain-efic-declaration.php>

² Position paper of the European Federation of IASP Chapters (EFIC) on the subject of pain management; David Niv, Marshall Devor; European Journal of Pain 11 (2007) 487-489

³ the EU-25 Member States of the European Union before enlargement are in 2007.

⁴ EU Barometer 272e; survey requested by Directorate General SANCO and coordinated by Directorate General communication

⁵ Kantar Health Inc. Aug. 2009. National Health and Wellness Survey, 2008 [EU]. Princeton, NJ.

⁶ Prevalence of pain in general practice; Jan Hasselström, Jenny Liu-Palmgren, Görel Rasjö-Wrååk; European Journal of Pain - October 2002 (Vol. 6, Issue 5, Pages 375-385)

The costs of pain

Despite the high prevalence, the costs caused and related to pain are sparsely documented. Nevertheless in some countries data or research is available.

In 2006 the Belgium federal knowledge centre in health care (KCE) estimated the direct cost of back pain in Belgium with € 272 million representing a spending of the global burden of low back pain as high as **€1.6 billion**⁷. The very high economic relevance of back pain as a disease was confirmed in a German study⁸. Extrapolating results to the German adult population between 18 and 75 years of age, led to estimated **€48.96 billion** for direct and indirect back pain-related expenditures, which equates 2,2% of the German GDP.⁹ Although experts are discussing the accurate numbers, they agree that the total impact of pain related costs, within back pain has to be numbered, is very high.

In the case of pain, policymakers need to be fully aware of the different aspects associated with the costs of pain and its management¹⁰:

1. costs of interventions and therapies for treating pain and securing pain relief (e.g. drug costs and staff costs);
2. costs that are incurred as a result of ineffective interventions being provided (e.g. costs of additional GP consultations);
3. costs to health service and patients and their families due to a lack of appropriate facilities within locality (e.g. costs of accessing alternative therapies);
4. costs resulting from inappropriate self-medication and treatment by patients (e.g. costs of treating overdoses);
5. costs of treating and preventing adverse events that arise as a result of prescribing decisions (e.g. costs of GI bleeds);
6. costs of disability claims resulting from people's inability to work;
7. costs to economy of reductions in productivity and absenteeism;
8. costs of providing social care and support to people suffering with pain (e.g. costs of home care and respite care);
9. costs of informal care provided by families (e.g. loss of earnings);
10. costs of intangibles associated with deterioration in the QOL of patients and their families.



⁷ Chronische lage rugpijn, KCE reports vol.48A, Federaal Kenniscentrum voor de gezondheidszorg, Centre fédéral d'expertise des soins de santé, 2006

⁸ Wenig CM et al., Costs of back pain in Germany, Eur J Pain (2008), doi:10.1016/

⁹ In 2007 the German GDP was €2428.20 bn – (source: Bruttoinlandsprodukt, Vierteljahres- und Jahresangaben - Statistisches Bundesamt). The total expenditure on health in 2007 was 10.4% of the gross domestic product (GDP) (source OECD Health Data; <http://stats.oecd.org/Index.aspx?DatasetCode=HEALTH>)

¹⁰ Health Economics: an introduction for health professionals; Ceri J. Phillips; 2005

The magnitude of the chronic pain epidemic in terms of human suffering and costs to society are well known in the field of Pain Medicine. However, they are not widely appreciated within the larger biomedical community, among makers of social policy and in the public at large.

It is vital that pain management is moved higher up on the political agenda and features more prominently in government policies across all EU countries. It is also essential for best practice and quality care to adopt a monitoring approach, involving all those who have an interest in preventing ill-health at work, treating ill-health and rehabilitating those who have suffered from pain.

Symposium “Societal Impact of Pain” 2010

In May 5th & 6th 2010, a high profile group of almost 200 health specialists and representatives from Europe’s highest ranking health authorities gathered in Brussels to discuss the "Societal Impact of Pain" (SIP). The objectives of the symposium were to discuss the key challenges, goals, policy instruments with budget holders, strategic decision makers and representatives of stakeholder organisations to improve pain care in Europe.



The Symposium saw a lively debate on interesting projects initiated in many countries to investigate the economic factors related to the burden of pain both on patients and the society and to suggest future innovations. Unfortunately, the knowledge gained and management instruments developed locally developed are still too rarely shared amongst health care authorities and stakeholders throughout Europe. There was a broad consensus that treated pain patients cost national governments, economies and societies much less than untreated patients do.

With the SIP 2010 symposium change has begun. Awareness was raised that the Societal Impact of Pain represents a huge social burden due to the high pain related costs governments are constantly called to deal with, including absenteeism, disability allowances, assisted care, informal and family care, amongst others. On this respect, much more still needs to be done.

2nd Symposium “Societal Impact of Pain” 6th and 7th of May, 2011 in Brussels

EFIC and Grünenthal have committed to organise and support the 2nd SIP Symposium to be held on the 6th and 7th of May, 2011 in Brussels. For managers and administrators



involved in strategic decision making on pain related issues from the perspective of national health care systems the symposium will be a good opportunity to network and share best practices with health care authorities, insurances, budget holders from all over Europe. For health care professionals, patient and consumer representatives the symposium will form a platform to interact and present their work on improving pain care.

The scientific framework of the symposium is designed under the responsibility of the European Federation of Chapters of the International Association for the Study of Pain (EFIC). Grünenthal is responsible for logistic support, preparation and organisation of SIP 2011.

The Symposium is structured in order to give each participant some initial common scientific insight on the topic. Subsequently all the participants are invited to take part in one of the workshops, where they can contribute with their personal knowledge and working experiences.

The format of the workshops will be interactive with different key note speakers representing various areas. In order to create an optimal environment for discussion, we have asked several persons to help in the following roles:

- The **chairman** is expected to securing the organisation of the workshop, including the reporting and time keeping;
- The **secretary** ensures the briefing of the speakers and secures the reporting process;
- The **moderator** is expected to monitoring the length of presentations and stimulates the discussion in the workshop;
- The **rapporteur** will summarize the findings and produce the outcome statement of the workshop, during the final plenary session;
- The **speakers** are requested to be as clear and concise as possible, also trying to leave some curiosity in the audience, supposed to give as many inputs as possible, especially during the workshops.

Following the reports from the workshops, a facilitated discussion will take place, taking each topic in turn and inviting the audience to come up with more ideas and opinions on how to fill the gaps in knowledge and data.

Proposal draft programme

SIP 2011 future patient access to pain treatment

Friday May 6th

- 13:00 – 15:00 **Setting the stage – Pain, an unmet societal need?**
15:00 – 18:00 **Society perspective: painfully dealing with multiple interests**
20:00 **Keynote speaker: bridging health inequalities**

Saturday May 7th

- 08:30 – 12:00 Parallel workshops
- WS 1: Consumers, costs or patients: dealing with pain on a daily base**
Health technology assessment, regulation, societal environment
- WS 2: Ensuring access to pain treatment**
Access schemes, managed and integrated care
- WS 3: Pain - Numbers, facts, figures**
Epidemiology, economics, costs
- WS 4: Pain, ethics and society**
Palliative care, care for elderly, pain and religion
- WS 5: What does best practice in pain management look like?**
Promising projects and initiatives, requirements from consumers and patients
- WS 6: Pain therapy in the future, societal requirements**
Demographic challenges & solutions, budget management of pain as a disease impacting society
- 13:00 **Workshop summaries**
14:00 **Future outlook patient access to pain treatment**
15:30 **Take home messages**
16:00 **End**



Registration

Due to the limited amount of available places registration is restricted to active health care budget holders, health care policy makers and strategic health care decision makers for the area of pain and pain treatment. In order to secure participation early registration is strongly advised.

Participant registration

Registration fee: 250 € (excluding accommodation)

For program information and registration see: www.SIP-meetings.org

If you have any questions, please contact Randa Becker at randa@r-events.com or tel: +32 473 291 361.

You will be contracted shortly after your registration submission to confirm your attendance and arrange payment options.

Accommodation

We currently have a room block at the Hotel Dolce LaHulpe where the event is being held. The agreed rate is currently € 160 incl. VAT (bed and breakfast – single room). Please note that this rate is on an allocation basis only. Following the availability, the hotel will offer the best available rate at the time of booking. Please note that all costs incurred during your stay are at your responsibility. For further information, please contact Randa Becker at randa@r-events.com or tel: +32 473 291 361.

Abstract submission

The scientific framework of the symposium is designed under the responsibility of the European Federation of Chapters of the International Association for the Study of Pain (EFIC). Grünenthal is responsible for logistic support, preparation and organisation of SIP 2011.

Interested executives involved in strategic decision making on pain related issues from the perspective of national health care systems, health care authorities, insurances, budget holders as well as health care professionals, patient and consumer representatives are invited to submit an abstract per email to the SIP 2011 secretariat at: randa@r-events.com.

The meeting language for presentations, workshops and discussions is English.

Speaker registration

Registration fee: No fee is required for participants who have an active role in the symposium (e.g. speakers, moderators, workshop reporters or poster presenters) Online registration: www.SIP-meetings.org

You will be contracted shortly after your registration submission to confirm your attendance. For further info, please contact Randa Becker at randa@r-events.com or tel: +32 473 291 361.



Speaker Information

All speakers are requested to deliver their presentation 15 minutes prior to the session start time at latest to R-Events. All presentations submitted to R-Events by the specified advance deadline are pre-loaded onto the session room computer. If you did not submit your presentation in advance bring your presentation on a USB/flash drive and R-Events staff will assist you with loading your presentation.

The meeting language for presentations, workshops and discussions is English.

Sponsoring and support

Consumer-, patient-, scientific- and physician organisations, health care authorities or representatives of national health care systems wishing to support the platform “Societal Impact of Pain” are invited to contact Norbert van Rooij - email:

Norbert.vanRooij@grunenthal.com

Poster presentation Information

There will be limited possibility to present posters. For more information please contact R-Events

Exhibitor Opportunities

There will be limited possibility to present your organisation and services to an European representation of the top healthcare decision-makers from a variety of pain related environments including clinical practice, government agencies, academia and managed care. For more information please contact R-Events

The venue: Dolce La Hulpe

Dolce La Hulpe Brussels is located in the heart of the ancient Sonian forest creating a tranquil and verdant sanctuary only minutes from the Brussels City Centre and Brussels International Airport.

Hotel Dolce La Hulpe
135, Chaussée de Bruxelles,
1310
La Hulpe
Belgium
Tel: +32 (0)2 290 98 00
<http://www.dolce-la-hulpe-brussels-hotel.com>



Scientific responsibility



EFiC (European Federation of IASP Chapters)
Medialaan 24
1800 Vilvoorde
Belgium
<http://www.efic.org>

SIP 2011 Meeting Logistics

R Events
Fax: + 32 3 544 7880
Tel: + 32 473 291 361
e-mail: randa@r-events.com

Sponsoring, logistic support, preparation and organisation



Grünenthal GmbH
Zieglerstraße 6
52078 Aachen
Germany
<http://www.grunenthal.com>